

Innovation for Mom's Minds & Hearts

January 23, 2014 • Los Angeles



Emerging Considerations in Maternal Mental Health

California Endowment's Center for Healthy Communities

Hosted by:



The American College of
Obstetricians and Gynecologists
WOMEN'S HEALTH CARE PHYSICIANS

AGENDA

8:15- 9:00am Registration and Breakfast

9:00-9:20am Welcome and Introductions

- Joy Burkhard, MBA, Founder and Director, California Maternal Mental Health Collaborative
- Caron Post, Ph.D, Executive Director, L.A. County Perinatal Mental Health Task Force
- Sponsor Remarks

MC: Elizabeth Kaplan, LCSW Policy Coordinator, Los Angeles County Perinatal Mental Health Task Force & Board of Directors, California Maternal Mental Health Collaborative

9:20- 9:30 A Personal Story: Survivor of Postpartum Depression

9:30-10:15 Keynote Maternal Depression and Health Disparities

Elizabeth Howell, MD, Associate Professor Health Evidence and Policy, Associate Professor Obstetrics, Gynecology and Reproductive Health, Associate Professor Psychiatry, Mount Sinai School of Medicine

10:15- 10:30 Break

10:30- 11:45 Interconnections: Maternal Depression & Preterm Delivery

NICU experiences, Enhancing training for Pediatricians/Neonatologists, Innovative NICU programs, and more.

Moderator: Diana Ramos, MD, MPH, MCAH Medical Director Los Angeles County Department of Health Services and Advisor to March of Dimes, Assistant Clinical Professor Keck School of Medicine

- Michael Regalado, MD, USC, Associate Professor Division of Pediatrics LAC-USC Medical Center
- Valencia Walker MD, Assistant Clinical Professor, Associate Medical Director, Newborn Nursery, Division of Neonatology | Department of Pediatrics David Geffen School of

Medicine at UCLA, Ronald Reagan UCLA Medical Center | Mattel Children's Hospital
UCLA

- Kelly D. Kelley, Founder and Executive Director, Hand to Hold, Providing Support to Parents of Premies, Austin TX
- NICU RN

11:45-12:30 Primary Prevention: Preconception, Pregnancy and Postpartum

- Kate Destafano-Torres, MA, NCC, ACS, LPC Founder & Executive Director of Artemis Center for Guidance, NJ
- Trish McGarrigle, MS, MFT, LAC, Director of Clinical Services and Development, Artemis Center

12:30-2:00 Buffet Luncheon and Policy Breakout Discussions

- Joshua Tree: Addressing health disparities for the postpartum depression population
- Yosemite Left: Follow the money. Are changes in funding necessary to achieve systems change?
- Yosemite Right: What role does the hospital play? Including Policies for NICUs, and Pediatric and Postpartum practices.

2:00-2:30 The 2020 Mom Project

- Joy Burkhard, MBA Founder and Executive Director and Bindu Garapaty, PsyD, Board Member

2:30- 3:00 Unveiling of the Los Angeles County Perinatal Mental Health Resource Directory and Map Project, LAMB Data and 211 Pilot Project

- Patricia Herrera M.S., Project Director, Developmental Screening and Care Coordination, 211 Los Angeles,
- Chandra Higgins , MPH, Epidemiologist, Maternal, Child, and Adolescent Health Programs Los Angeles County Department of Public Health
- Suvas Patel, MPH, Research Analyst III Maternal, Child, Adolescent Health Programs Los Angeles County Department of Public Health
- Elizabeth Kaplan, LCSW, Policy Coordinator Los Angeles County Perinatal Mental Health Task Force
- Gabrielle Kaufman, MA, LPCC, BC-DMT Director of Training and Technical Assistance, Los Angeles County Perinatal Mental Health Task Force
- Heidi Ransohoff, B.A., Intern, Los Angeles County Perinatal Mental Health Task Force

3:00 Closing Remarks



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